

Home Spa Setup Checklist

Atmosphere & Mood

- 1 ■ Soft, warm lighting or LED lamps
- 2 ■ Scented candles or tea lights
- 3 ■ Essential oil diffuser
- 4 ■ Calming scent (lavender, eucalyptus, chamomile)
- 5 ■ Relaxing music or nature sounds

Color & Decor

- 1 ■ Neutral or soft color palette
- 2 ■ Natural textures (wood, stone, ceramic)
- 3 ■ Indoor plant or fresh greenery
- 4 ■ Clutter-free surfaces

Bath & Shower Essentials

- 1 ■ Clean bathtub or shower area
- 2 ■ Bath salts or bath bombs
- 3 ■ Body scrub or exfoliant
- 4 ■ Gentle body wash or soap
- 5 ■ Shampoo & conditioner

Towels & Comfort

- 1 ■ Soft, clean towels
- 2 ■ Spa-style bath mat or rug
- 3 ■ Robe or comfortable loungewear
- 4 ■ Slippers or cozy socks

Accessories & Styling

- 1 ■ Wooden bath tray or stool
- 2 ■ Ceramic soap dispenser
- 3 ■ Glass jars for storage
- 4 ■ Woven basket
- 5 ■ Decorative tray

Relaxation Extras (Optional)

- 1 ■ Herbal tea or infused water
- 2 ■ Face mask or skincare treatment
- 3 ■ Eye mask
- 4 ■ Book or magazine